

SEPTEMBER 2023

Mon	Trac	Wad	Th	E
Mon	Tue	Wed	Thu	Fri
-	NAT	lebrate : :		Sausage Patty & Cheese Toas Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice
	H FA	GE MONTH	C	Turkey Club Wrap Garden Salad & Doritos Chocolate Chip Cookie Fresh/Canned Fruit Choice of Milk & Juice
•				Vegetarian Alternative: Vegetable Wrap
				EARLY DISMISSAI NO SNACKS
4	5	6	7	
	Pancake w/Berry Sauce Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Scrambled Eggs & Hashbrowns or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Cheese Grits w/ Sausage Link or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Cinnamon Rolls or Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice
***	Taco Bowl w/ Ground Turkey	Honey Lime Chicken	Homemade Sausage &	Beef Hotdogs
LABOR DAY	Cilantro Lime Rice Black Beans Bowl Toppings / Salad Bar Fresh/Canned Fruit Choice of Milk & Juice	Wheat Dinner Roll Citrus Green Beans & Carrots Spring Roll Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk & Juice	Pepperoni Pizza Corn on the Cob Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk & Juice	Carrot Sticks w/ Ranch French Fries Fresh Baked Carnival Cook Fresh/Canned Fruit Choice of Milk & Juice
	Vegetarian Alternative: Vegan Meat Taco Bowl	Vegetarian Alternative: Veggie Nuggets	Vegetarian Alternative: Cheese Pizza	Vegetarian Alternative: Veggie Frank on Bun
	Doritos 100% Juice	Fruit Snacks 100% Juice	Cinnamon Tiger Bites 100% Juice	EARLY DISMISSAL NO SNACKS
11	12	13	14	
Sausage Biscuit or Cereal w/ Graham Cracker Fresh/Canned Fruit	Breakfast Bun or Cereal w/ Graham Cracker Fresh/Canned Fruit	Chicken Croissant or Cereal w/ Graham Cracker Fresh/Canned Fruit	Homemade Pancakes or Cereal w/ Graham Cracker Warm Cinnamon Apples	Fruit Muffin & Sausage Lin Cereal w/ Graham Cracke Fresh/Canned Fruit
Choice of Milk & Juice Loaded Baked Potato	Choice of Milk & Juice Fajita Chicken Pasta w/ Grilled	Choice of Milk & Juice Turkey & Cheese Melts	Choice of Milk & Juice Chicken Nuggets	Choice of Milk & Juice Mini Corn Dogs
(w/ Bacon Bits & Cheese)	Peppers	Tomato Soup	Glazed Carrots	Potato Wedges
Steamed Broccoli Whole Wheat Roll	Mixed Vegetables Garlic Breadstick	Pasta Salad / Salad Bar Fresh/Canned Fruit	Dinner Roll Garden Salad/ Salad Bar	Celery Sticks w/ Ranch Chocolate Cookie
Potato Toppings/ Salad Bar Fresh/Canned Fruit	Garden Salad/Salad Bar Fresh/Canned Fruit	Choice of Milk & Juice	Fresh/Canned Fruit Choice of Milk & Juice	Fresh/Canned Fruit Choice of Milk & Juice
Choice of Milk & Juice Vegetarian Alternative:	Choice of Milk & Juice Vegetarian Alternative:	Vegetarian Alternative:	Vegetarian Alternative:	Vegetarian Alternative:
Broccoli & Cheese Potato Baked BBQ Chips	Vegetable Fajita Pasta Fruit Snacks	Cheese Melt & Tomato Soup Cheetos	Veggie Nuggets Nutri-Grain Bar	Veggie Nugget EARLY DISMISSAL
100% Juice	100% Juice	100% Juice	100% Juice	NO SNACKS
Cheeseburger Day 18 Breakfast Burrito or	Egg & Cheese Croissant or	Cheese Grits & Turkey Bacon or	Breakfast Pizza or	Baked Apple Strudel or
Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Cereal w/ Graham Cracke Fresh/Canned Fruit Choice of Milk & Juice
Cheese Burgers	Beef Nachos w/ Cheese Sauce	Chicken Ranch Alfredo w/	Turkey Pot Pie Bowl w/ Mashed	Chicken Patty Sandwick
Baked Beans Tater Tots	Fiesta Corn Pico De Gallo	Bowtie Pasta Pizza Green Beans	Potatoes Biscuit	Lettuce, Tomato & Pickle Carrot Sticks w/ Ranch
Salad Bar	Nacho Toppings/Salad Bar	Breadsticks	Steamed Squash	Fresh Baked Sugar Cookie
Fresh/Canned Fruit Choice of Milk & Juice	Fresh/Canned Fruit Choice of Milk & Juice	Caesar Salad/Salad Bar Fresh/Canned Fruit Choice of Milk & Juice	Garden Salad/Salad Bar Fresh/Canned Fruit Choice of Milk & Juice	Fresh/Canned Fruit Choice of Milk & Juice
Vegetarian Alternative: Spicy Black Bean Burger	Vegetarian Alternative: Veggie Nachos w/ Cheese	Vegetarian Alternative: Broccoli Alfredo Pasta	Vegetarian Alternative: Vegetable Pot Pie Bowl	Vegetarian Alternative: Veggie Nuggets
Rice Krispy Treat 100% Juice	Chocolate Tiger Bites 100% Juice	Funyuns 100% Juice	Nutri Grain Bar 100% Juice	EARLY DISMISSAL NO SNACKS
25	26	27	28	
tey Bacon & Cheese Biscuit or	Bagel w/ Cream Cheese or	Sausage Croissant or	Fruit Parfait or	
Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	Cereal w/ Graham Cracker Fresh/Canned Fruit Choice of Milk & Juice	
Salisbury Steak w/ Gravy	Taco Pasta	Chicken Sausage on Coney Bun	Tuna Croissant	
Mashed Potatoes Sweet Peas & Dinner Roll	Corn on the Cob Churros	French Fries Garden Salad/Salad Bar	Carrot Sticks w/ Ranch Garden Salad	ASYNCHRONOUS
Garden Salad/ Salad Bar	Garden Salad/Salad Bar	Fresh/Canned Fruit	Fresh/Canned Fruit	
Fresh/Canned Fruit Choice of Milk & Juice	Fresh/Canned Fruit Choice of Milk & Juice	Choice of Milk & Juice	Choice of Milk & Juice	LEARNING DAY
Vegetarian Alternative: Veggie Patty w/ Gravy	Vegetarian Alternative: Black Bean Taco Pasta	Vegetarian Alternative: Veggie Dog on Coney Bun	Vegetarian Alternative: Wow Butter & Jelly Sandwiches	U AMMING PA
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